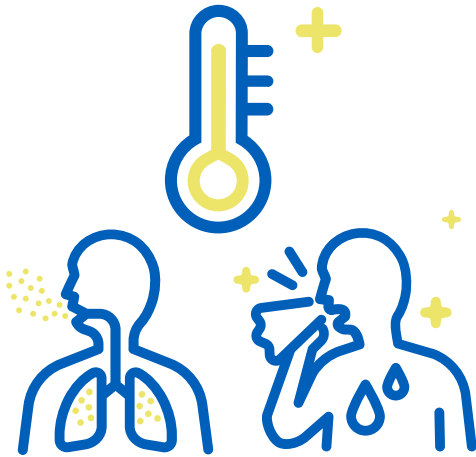## What do I do if I think I was exposed to COVID-19?

Some people are at higher risk of getting very sick from COVID-19. Here's what to do if you think you may have been exposed to coronavirus.

Watch for symptoms

Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed COVID-19 cases. These symptoms may appear 2–14 days after exposure.

- Fever (100.4°F/38°C or higher)
- Cough
- Shortness of breath

If you develop these emergency warning signs for COVID-19, get medical attention immediately.

- Difficulty breathing or shortness of breath
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

Call before you go

Call your healthcare provider if you think you have been exposed to COVID-19 and develop a fever and symptoms, such as cough or difficulty breathing.

Tell them about your symptoms and your exposure. They will decide whether you need to be tested.

Consult your health care provider for any other symptoms that are severe or concerning.

Questions about COVID-19?
Call 1-800-889-3931 or email dph.sick@illinois.gov
Illinois Department of Public Health - www.dph.illinois.gov

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